Cyclocross National Championships 2011 in Hittnau

Today was already my last cross race for this "season". The Swiss Championships was the "highligt" of my four races which I rode.

I was not sure how my shape would be today. In Bussnang I had some problems and in addition my overexpansion in the hollow of the knee in Beromünster still hurts. In the training I increased my shape from day to day and so I was motivated to give everything once more.

In the first of nine laps I could follow the favorites for today. But then the speed was to high and I couldn't follwo anymore. From now I tried to find my rhythm. Just a small crash interrupted my race. The shifter wasn't working anymore till the tech zone. Therefore some riders pasted me. Then I did my laps in which I could pass again one rider in the final lap and finished 7.

Pics here

1	Christian Heule (EKZ Racing Team)	1:04:03
2	Pirmin Lang (Team Delta - Price)	0:00:17
3	Julien Taramarcaz (BMC Mountain Bike Team)	0:00:32
4	Lukas Flückiger (Trek World Racing)	0:01:14
5	Marcel Wildhaber (Scott-Swisspower MTB Racing)	0:03:14
6	Andreas Moser (Team Bürgi)	0:04:38
7	Martin Gujan (Cannondale Factory Racing)	0:05:23
8	Lukas Winterberg (weishauptcycles.ch/VC Pfaffnau)	0:05:47

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